

For patients and relatives

# Welcome to ward D1 - Pulmonary Diseases / ENT



Department for Pulmonary Diseases



Region Syddanmark

## **About the Department**

Pulmonary Diseases / Ear Nose Throat (ENT) ward D1 is a ward where you are hospitalised for diagnosing and treatment. Mainly diseases related to the respiratory system and ear, nose and throat region are treated here.

The Pulmonary Diseases / ENT ward have room for 27 hospitalised patients, which are divided in 4 teams. During the evening, night and weekends there are 3 teams.

The ward is manned day and night by nurses and social and health care assistants. During the day there will also be service employees in the ward. Additionally, the ward is a place of study for Social and Health Care assistant students, Nursing students, Paramedic students and Doctors in training.

Every day during daytime there will be Pulmonary Disease and ENT Doctors working in the ward. If you require a Doctor's assistance after 15.00 you will be attended to by the Doctors on duty, who will cover all of the Medical Departments in the hospital.

There will be rounds in the ward every weekday. Your relatives are welcome to join the round. If you want this, please inform the staff and they will co-ordinate with your relatives and the Doctor. If your relatives cannot be present, it may be possible to call them during the round.

On the first day we aim to make a plan for your examination, treatment and if possible expected date for discharge.

## **Visits**

In general the ward has free visiting hours and you are always welcome to have visitors.

If you need to have a relative staying overnight, it is possible.

It is also possible for a relative to buy food from the food trolley at the ward if there are any leftovers. You can pay via Mobilepay.

## Timetable for the ward

Below you can see the timetable for a day in the D1 ward.

*All times are indications and they may vary - for example in case of a critical situation in the ward.*

7.00 - 7.15	Staff change and handovers
7.00 - 9.00	Blod samples are taken
7.45 - 8.15	Breakfast
8.30 - 11.00	Offer to help with personal care
9.00 - 11.30	Rounds
12.30 - 14.00	
11.30 - 12.10	Lunch
12.00 - 14.00	Period for rest
14.00 - 14.45	Coffee is served
15.00 - 15.30	Staff change and handovers
17.25 - 18.05	Dinner
19.45 - 20.15	Coffee is served
20.30	Offer to help getting ready for night starts
23.00	Staff change and handovers

## Contact the ward

The ward can be contacted all day. The care staff is preferably contacted between 8.30 - 9.30 and 13.30 - 14.30.

They are reached on the following phone number: 7918 5513

We kindly ask that calls to the ward are done within these time periods, and that the patient has one relative whom the ward can contact and vice versa. This relative is then asked to inform other relatives about information from the staff.

## **Collaboration**

In the ward we collaborate closely with Physiotherapists, Occupational Therapists, Clinical Dieticians and other institutions of interest.

Esbjerg Hospital has as hospital pastor. You can talk to the hospital pastor about anything, not only religious matters. Contact the staff if you wish to talk to the hospital pastor.

### *Red Cross patient support*

Every Tuesday and Thursday afternoon 2 persons from the Red Cross will visit the ward. You will recognise them by their red shirts. They are not a part of the staff, but they are in the ward where they will help serve coffee and drinks and talk to patients and relatives. The personnel from the Red Cross will also be able to offer you a walk outside, go to the Café Finsen, read a newspaper and many other things of your interest.

## **Discharge**

If possible your discharge will be planned a few days in advance, so all details are taken care of.

If you normally have home care we will contact them about your discharge, unless you do not wish so. If you need more help at home, or need to get started with home care, we can also help you by contacting the municipality on your behalf. They will offer you an appointment for visitation, which in some cases can be done by phone.

It is a good idea to contact the staff in advance if you know things at home need to change regarding your care. Then we will have time to plan it as well as possible.

We advise you to bring some of your own clothes so you can wear it at discharge.

### *Transport home*

If you are retired we can make sure you are taken home. However, this is not the case if you want to go home for a few hours or for a day during your hospitalisation.

## Practical information

Below you can see some practical information about the ward and the hospital in general.

If you have any questions about what is mentioned below, please feel free to contact the staff.

Medicine	We give medicine with each meal. Medicine given directly into your bloodstream is given at other times.
Clothing	It is possible to wear your own clothes during the hospitalisation. When you leave your room, you must be dressed.
Smoking	It is not permitted to smoke at the hospital (also applies for e-cigarettes), but there is a smoking pavilion close to the Main Entrance. We urge you not to smoke during your stay, as this will help your general wellbeing. We would like to help you with this, and can give you remedies to quit smoking.
Diet	The main meals are served at a food trolley. You are encouraged to get your own food at the trolley, but the staff can help you if it is not possible. Today's menu, snacks and content in the Patients' minibar can be seen on the TV in your room on channel 1. The Patients' minibar is free of charge for patients.
Valuables	We encourage you to only bring smaller valuables, for example a small amount of cash.
Kiosk	Café Finsen is found in the Entrance Hall.
Mobile phone	You are free to use your own mobile phone. We expect that ringtones and conversations will not bother the other patients or the staff working.
Internet / Computer	You are free to bring your own computer or tablet at your own risk. It is possible to use the hospitals wifi. You must login to the network in your browser, and repeat this every 8 hours. You can connect your own Chromecast to the TV in your room.

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**If you have questions - write here**



# Feedback

We would be happy to receive your feedback. If you have had some positive or negative experiences during your stay, we would like to know. In that way we can develop and improve our care in the ward.

We would therefore like to encourage you (or one of your relatives) to write a few words about your stay in the ward. Tear off this page, and put it in the mailbox placed at Åndehullet.

You are also welcome to send an e-mail to SVS-Lungesygdomme@rsyd.dk or a letter after you have returned home.
